

- 8 antipasto
- 8 cabbage rolls
- 8 cakes/pastries with whipped cream, cheese or synthetic fillings
- 8 chop suey
- 8 creamed corn
- 8 dairy products (e.g. milk, cream, cheese, yogurt)

- 8 garlic spreads, pesto
- 8 guacamole
- 8 herb and flavored oils
- 8 guacamole

- 8 juice (fruit and vegetable)
- 8 perogies
- 8 pickled eggs
- 8 pickled vegetables (vinegar base, pH 4.7 or more)
- 8 pies (meat filled, pumpkin, sweet potato, custard [e.g., lemon meringue pie])
- 8 processed beans, including baked, refried, and bean salad
- 8 processed low acid vegetables (e.g. pH 4.6 or greater: beans, asparagus, beets, mushrooms, broccoli, peas)
- 8 processed meat, sausages
- 8 relish (vinegar base, pH 4.7 or more)

